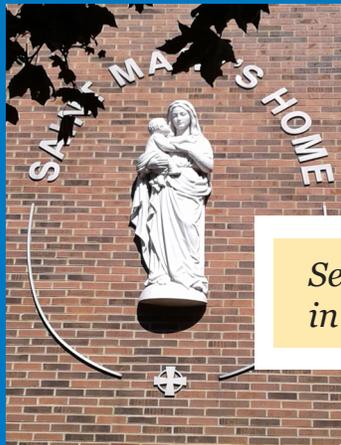


LITTLE SISTERS OF THE POOR



*Serving the elderly poor
in Chicago since 1876.*



Summer, 2017

ST. MARY'S HOME
2325 N. Lakewood Ave.
Chicago, IL 60614



ST. MARY'S HOME

Jeanne Jugan's Plan in the 21st Century

Moving toward Culture Change

On July 15, 1876 three Little Sisters of the Poor arrived in Chicago at the request of Bishop Thomas Foley to care for the elderly poor. Carrying only their personal effects in small suitcases and the vision of their Foundress St. Jeanne Jugan in their hearts — these pioneers were bringing her radical idea to open a home to welcome those who had no one to care for them; to treat them as family and to love them as Jesus. Their goal to make them happy.

Consecrating oneself to Christ takes a leap of faith; being open to where he sends you takes courage; traveling to another country where you don't know the customs or speak the language takes grace.

The Sisters knew the plan for their lives in this new city, the details would unfold in God's Providence. In America where people are valued by their productivity, they often feel useless and lonely when they become incapacitated. Jeanne had very little education but she knew that "joy is a duty

and their vocational obligation to exercise the sorrow that many old people have because of their physical and emotional condition of age, which predisposes them to the bitter fruit of loneliness." The Sisters wouldn't have the right to be sad. They were to be cheerful with radiant happy faces.

In Jeanne Jugan's homes, Residents would experience person-center care, 161 years before it would be codified by the "culture change" movement. They were to have satisfying meals because this was a basic need. They would feel needed with meaningful activities. Jeanne incorporated this into everything she did. Residents would help with the daily activities of the home, sewing, folding, helping peel vegetables and sorting the items that would come in from benefactors.

In 2000 this realization of person-center care began to deinstitutionalize long-term care and transform the nursing home environment. Culture Change was designed to transform

the traditional long-term care model from a medical facility to a supportive home environment. It sought to nurture the human spirit of aging Residents as well as take care of their medical needs. The focus was to be on both quality of care and quality of life as the guiding forces for improved life experience and life expectancy. Residents' needs and preferences would come first.

Some of these changes that are reflected in the new regulations, implemented in three phases (Nov. 2016, 2017 and 2018), include more control over Residents' daily lives including meal and bed times as well as altering the physical environment to make buildings look less institutional.

It's very encouraging that others in the field are embracing Jeanne Jugan's original intent of the "golden rule." For the Little Sisters, who have been doing this since the beginning, it's preserving the charism of Jeanne Jugan.



Nurses station in Our Lady of Joy section.



Deloitte Impact Day volunteers help to "demo" station.



Architect's rendering for the new space.

Praying for Vocations

In commemoration of the 100th Anniversary of our Lady's apparitions in Fatima, Portugal, our Congregation is dedicating the period between May 13th and October 13th to praying for vocations. Each of our communities throughout the world has been assigned a specific day within this period to pray for this vital intention.

On July 11th, St. Mary's linked with all our other homes in this International Prayer Chain.

The Residents and the Associates Jeanne Jugan (AJJ) enthusiastically proposed their idea to offer Masses in various parishes and shrines, rosaries, Eucharistic Adoration or personal sacrifices for this singular purpose. They contacted their families and friends via social media to increase the prayers being offered in Chicago and beyond. One Resident called her brother in Canada so that he could join the 'Chicago Link' in prayer.

Each Resident was given a piece of paper on which they could check off their own spiritual bouquet – rosary, Mercy Chaplet, holy hour, act of charity, offering of their day etc., to be added to the special basket placed in the chapel. It was beautiful to watch them go in and out of the chapel on their own to honor their pledge to pray with us on this day. Denis G., Resident Council president, went from table to table in his wheelchair during breakfast to remind everyone of their "duty" to pray that day — leading by example he was a steady presence in spite of being quite physically challenged due to his stroke.

"Many people mistake our work for our vocation. Our vocation is the love of Jesus."
Mother Teresa

Before lunch, a large group gathered in the chapel to pray the rosary. At 2 p.m., Residents, Little Sisters, volunteers, AJJ, and staff went outside to offer a "Living Rosary." Using large golf-ball-size Styrofoam "beads," which they had made earlier, each participant was given one to string together as the prayers were recited, forming a large rosary which was then placed in the hands of Our Lady. The fervor of our Residents, AJJ and friends all united in prayer for vocations was powerful and humbling.



Advisory Board and AJJ member Mary Hurley watches Mother Marcel as she threads Sr. Agathe's rosary bead.



The group poses for a picture after dinner.

Four days later on Friday, July 15th, we welcomed a group of 20 high school-aged women, four chaperones and two priests from the St. Paul/Minneapolis area who arrived via coach bus. Led by Father Joseph Johnson, pastor of Holy Family parish, the group was on the last leg of their "Nun Run," which had begun in St. Paul after Mass on Sunday, July 9th. The whirlwind itinerary included seven convents in four states.

Wanting to make the most of their brief visit, we hosted a pizza party for dinner, watched a film about our community then stayed up chatting with them until 10:30 p.m.! The ladies had many interesting questions about religious life. They were especially interested in the place of community life in our daily schedule. They wanted to know how we felt about leaving our families to serve Christ as religious. They also asked us how we knew for sure that God was calling us. We finally had to say goodnight to them so that they could get some sleep before their predawn departure.

We are continuing our prayers for vocations to the Little Sisters as we pray for these young women who are discerning their response to God's call.



Resident Profile

Traveling Tales of Bill Buckman

If you ever have a chance to visit with Resident and bon vivant Bill Buckman you will enjoy it!

Born in Peoria, Illinois on Dec. 29, 1935, Bill is the third of Charles and Catherine Buckman's four children. The country was in the middle of the Great Depression but life on their farm was enriching. When Bill turned five, his family moved to Bradford, where he lived through grade school. All of the siblings went to boarding school, Bill attending St. Bede Academy in Peru for high school and DePaul University in Chicago, where he received his bachelor's degree in business administration in 1957.

"My mom traveled to Europe in 1925 so we grew up hearing her spectacular stories," said Bill

Bill nurtured his love for travel by working at a few offices during breaks from school and after graduation. At 29 he started his business Travel Time in the Chicago Loop. His youngest sister Anne Marie joined him.

During his career Bill traveled around the world four times — crossing the Atlantic by ship 35 times and by Concorde eight times. One memorable

client was Phil Donohue, who booked an 11-day excursion to South East Asia for his 110 employees. Bill flew with everyone including Phil's wife Marlo Thomas to Bangkok on a private jet to board the Sea Goddess to cruise to Bali. The trip ended in Hong Kong, from where they flew back to New York.

His favorite memories include celebrating Christmas in the enchanting village of Zermatt in the Swiss Alps and New Year's in Vienna.

"Every other year, there would be a full moon shining on the Matterhorn. It was just beautiful," added Bill.

New Year's Eve at the Hofburg Palace was a black-tie event. Seven ballrooms featuring 10 orchestras, Bill said the party went from 8 p.m. to 5 a.m.

Bill closed his business in the aftermath of the 9/11 tragedy and moved to the coastal town of Biddeford, Maine to live closer to friends. He came back to Chicago in 2004 to live with his sister until her death in 2015.

When a generous benefactor donated 20 tickets to the Residents to see Chicago at Drury Lane, Bill was the first to sign up. Appreciating the great opportunity Bill said that "The performance was only second to the one I saw in New York with Joel Gray and Bebe Neuwirth."

Like his father, Bill is a member of the Sons of the American Revolution and enjoys the meetings at the Union League Club. Since joining our family last summer, Bill loves that he attends daily Mass and enjoys life here.



Bill Buckman and Fran Thomas take a break from their standing bridge game.



Matt R. getting his planter ready.

Budding Gardeners' Service Project

Cub Scouts Visit St. Mary's Home

Cub scouts from Den 9, Pack 3079, who attend Immaculate Conception St. Joseph School, selected St. Mary's to fulfill their Fellowship and Duty to God requirements.

The colorful garden offers Residents and guests of the home access to nature in a beautiful and unique space.

Under the guidance of their leader, each of the six third graders was assigned a planting container or area that they cleaned before planting a mix of seedlings (sunflower and cleome), annuals, perennials and bulbs including elephant ears, dahlias, mandevilla vines, lavender trees, lilies, marigolds and a variety of sun and shade flowers.

The colorful garden offers Residents and guests of the home access to nature in a beautiful and unique space.

The boys told us they had "fun getting dirty and helping people!"

The garden runs parallel to W. Belden Ave. and will be the location for the upcoming *Chez Ste. Marie* fundraiser on Aug. 24.

A Call, a Mission and Love!

By: Mother Marcel Joseph



Cardinal Garrone tells the story of an elderly lady who was in a nursing home but wanted to come to the Little Sisters of the Poor home, and when asked why she didn't hesitate to answer, "To have someone to love me!" That sums up the call and mission of every Little Sister of the Poor! To love our Residents, to let them know they are loved by the way we care for them in a holistic way, in Jesus' way. Really it was the vision given to St. Jeanne Jugan, our beloved Mother Foundress! Life was not easy for her but she held the certainty, the conviction of her faith that God was indeed calling her to a work not yet founded! Then her faith and faithfulness were rewarded when she carried an elderly, blind and half paralyzed Anne Chauvin home and placed her in her own bed. Jeanne then climbed up a ladder to sleep on the floor in the attic. In this simple but loving gesture God had just revealed her call, her mission and the continual love she would need for the rest of her life! God's gift to Jeanne would need to be lived out with his grace, in love, total self-oblation and with the compassion of his heart!

August 21st, we Little Sisters and our Residents begin our nine days of prayer in preparation for the feast of St. Jeanne Jugan on August 30th. Would you like to join us? Send us your petitions and we will remember them in our prayers, asking her to intercede before the Lord for your requests. We will have a special prayer vigil in our Chapel on August 29th, the anniversary of Jeanne Jugan's death and you are invited! God bless you and may St. Jeanne Jugan obtain for you an abundance of blessings from our Lord!

LITTLE SISTERS OF THE POOR

Visit us at www.littlesistersofthepoorchicago.org



CHEZ STE. MARIE

of Taste of France

Thursday, August 24, 2017 6 – 8 p.m.

St. Mary's Home 2325 N. Lakewood Ave., Chicago

Sponsored by the House of Glunz

A wonderful way to support our beloved Residents and try exquisite wines from the major regions of France paired with French-inspired hors d'oeuvres and desserts.

Sisters, I'd like to support your wine tasting fundraiser:

Name: _____

Company: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____

Tickets @ \$50 in advance, \$60 at the door

I cannot attend but I would like to support your effort with a donation of \$ _____.

Donations can also be made online at www.littlesistersofthepoorchicago.org and click "donate".



St. Jeanne Jugan Novena August 21 – 29, 2015

Dear Sisters,

Please pray for me and my special intention during your novena:
